


# NOVEMBER

Mon	Tue	Wed	Thu	Fri
	<p><b>1</b> Breakfast: Poptart, cheese stick</p> <p>Lunch: Mac &amp; Cheese. Green beans, red bell pepper, apple</p>	<p><b>2</b> Breakfast: Cereal, apple</p> <p>Lunch: Ranch chicken wrap, baby carrots, cucumber, peach</p>	<p><b>3</b> Breakfast: Bagel &amp; Cream cheese</p> <p>Lunch: Salisbury steak, mashed potatoes, mix vegetable, pear</p>	<p><b>4</b> Breakfast: Cereal</p> <p>Lunch: Ham &amp; cheese sandwich, lettuce, tomato, fruit</p>
<p><b>7</b> Breakfast: PB &amp; J sandwich</p> <p>Lunch: Chicken soup, frito, lettuce, red bell pepper, orange</p>	<p><b>8</b> Breakfast: Yogurt, granola bar</p> <p>Lunch: Cheeseburger, fries, romaine, tomato, pickles, chips</p>	<p><b>9</b> Breakfast: Pancake on a stick</p> <p>Lunch: Asado, pinto beans, tortilla, romaine, red bell pepper, apple sauce</p>	<p><b>10</b> Breakfast: Breakfast quesadilla</p> <p>Lunch: Chicken nuggets, tatar tot, romaine, red bell pepper, dole fruit cup</p>	<p><b>11</b> Breakfast: Cereal</p> <p>Lunch: Ham &amp; cheese hoagie, chips, lettuce, tomato, fruit</p>
<p><b>14</b> Breakfast: Waffles</p> <p>Lunch: Grilled cheese, tomato basil soup, cucumber, pineapple tidbits</p>	<p><b>15</b> Breakfast: Breakfast pizza</p> <p>Lunch: Taco Tuesday, pinto beans, lettuce, tomato, strawberries</p>	<p><b>16</b> Breakfast: Muffin, cheese stick</p> <p>Lunch: Pizza, fries, salad, carrots, mixed fruit</p>	<p><b>17</b> Breakfast: Ham &amp; cheese croissant</p> <p>Lunch: Turkey and mashed potatoes, green bean, dinner roll, Pumpkin pie</p>	<p><b>18</b> Breakfast: Cereal</p> <p>Lunch: Ham &amp; Cheese sandwich, romaine, tomato, fruit</p>
<div style="display: flex; align-items: center; justify-content: center;">  <div style="margin-left: 20px;"> <p style="font-size: 24px; color: #8B0000; font-weight: bold;">Thanksgiving Break</p> <p style="font-size: 24px; color: #8B0000; font-weight: bold;">No School</p> </div> </div>				
<p><b>28</b> Breakfast: Cereal</p> <p>Lunch: Corndog, chips, lettuce, tomato, fruit</p>	<p><b>29</b> Breakfast: Pop tart, cheese stick</p> <p>Lunch: Spaghetti, garlic bread, green beans, red bell pepper, pear</p>	<p><b>30</b> Breakfast: Waffles</p> <p>Lunch: Cheeseburger, curly fries, lettuce, tomato, peach</p>	<p><i><b>This Institution is an Equal Opportunity Provider</b></i></p> <p><i><b>This menu is subject to change without notice</b></i></p> <p><i><b>Every meal contains milk, juice &amp; fruit</b></i></p>	